SNEHA
A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women’s health is essential to building viable urban communities. SNEHA works on four large public health areas: prevention of violence against women and children, maternal and child health, adolescent health and sexuality and public systems partnership.

SNEHA recognises that, in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work with people in informal settlements to empower women and communities to be catalysts of change in their own right and collaborate with existing public health systems and healthcare providers to create sustainable improvements in urban health.

SNEHA’s Program on Prevention of Violence against Women and Children (PVWC) aims to develop high-impact strategies for primary prevention, ensure survivors’ access to protection and justice, empower women to claim their rights, mobilise communities around ‘zero tolerance for violence’, and respond to the needs and rights of excluded and neglected groups. The Program prioritizes enhanced co-ordination of the state response to crimes against women through a convergence approach that works with government and public systems to reinforce their roles in assuring basic social, civil and economic security.

PREVENTION OF VIOLENCE AGAINST WOMEN AND CHILDREN
The PVWC program has recently completed a three-year intervention on the cluster randomised controlled trial which was implemented in 48 clusters of Mumbai, comparing 24 control with 24 intervention areas to test the effects of community mobilisation through groups and individual volunteers on the prevalence of violence against women and girls. The effects of the community mobilisation activities are being evaluated through a follow-up survey after three years. SNEHA is undertaking a feasibility study on: Exploring a couple counselling intervention to strengthen relationships between couples who are first-time parents and to prevent intimate-partner or domestic violence. The study will be conducted in 6 controlled clusters of the trial in Kurla. The outcome of the study will highlight aspects of feasibility intervention to scale the couple counselling intervention with couples who are first-time parents in the future.

THE PROFILE
The profile includes administering a couple counselling module to couples in the cohort study who are first-time parents. The Counsellor will require to develop the modules on couple counselling along with the researcher in the program. The researcher will contribute to the broader requirements of the project as and when necessary.

DUTIES AND RESPONSIBILITIES
The researcher will work on three packages:

Work package 1. Background work
- Compiling available modules on couple counselling to understand its scope
- Reviewing the modules to extract common and important aspects to be contextualised for SNEHA’s intervention
- Inform and support the development of the couple counselling module

Work package 2. Counselling
- Counselling couples as per the module developed. (The counselling will be done at the SNEHA community centre or in the home of the couple or in the health post as per the conveniences of the couple)
• Counselling family members as and when required
• Maintaining notes of the counselling sessions

Work package 3. Analysis and report writing

• Extracting themes emerging from the counselling sessions
• Analyse the emerging emerging constructs from the counselling sessions
• Contribute to the finalization of the report of the feasibility study

Outcome

A report on feasibility testing to understand couple intervention with first-time parents, effectiveness of modules delivered, mechanisms to identify early signs of intimate-partner or domestic violence and scalable aspects of intervention.

This is an excellent opportunity for a committed Counselling Psychologist who has strong counselling skills, together with the ability to analyse the responses of the module sessions to understand the couple’s perspective on the couple’s relationship, roles and responsibilities, decision-making patterns, distribution and use of resources in the household and their communication patterns. They will demonstrate maturity and will work with a sound ethical approach while conducting the research. The researcher will have substantial experience in qualitative interviewing and analysis, and mental health. They should have an understanding of gender and the issues around violence against women.

The Counselling Psychologist will report to the SNEHA Associate Program Director and coordinate field intervention activities with the team.

QUALIFICATIONS AND EXPERIENCE

• Candidate with a Master’s degree in Counselling Psychology
• Extensive experience in counselling
• Good writing skills.

PERSONAL ATTRIBUTES

• Demonstrable self-starting skills and ability to complete projects.
• Effective communication, personal and interpersonal skills.
• Sound values and work ethics.

APPLICATIONS

To be sent via email to damini.pandey@snehambhai.org with subject line: Counselling Psychologist, Feasibility Pilot Study or posted to: