



JOB DESCRIPTION: JUNIOR DOCTOR TERTIARY HOSPITAL, ROMILA PALLIATIVE CARE

ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA is 450+ person strong, innovative and progressive organization that works on health and nutrition in urban slum pockets with women and their families. SNEHA follows the life-cycle approach to health and nutrition, by intervening at critical junctures (adolescence, preconception, conception, pregnancy, postnatal, infancy and toddlerhood, family planning) to ensure improved health and nutritional outcomes for women and children living in some of Mumbai's most vulnerable and deprived slums and in the Mumbai Metropolitan Region (MMR) as well.

SNEHA recognises that, in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work with communities residing in informal settlements to empower women and communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health. We have currently 11 programs running across SNEHA which are Maternal and Child Health (MCH), Public System partnerships (PSP), Empowerment, Health and Sexuality of Adolescents (EHSAS), Prevention of Violence against Women and Children (PVWC), SNEHA Centre, SNEHA Shakti, Healthy Cities Project (HCP), Palliative Care, Livelihood Generation, Central Operations, Research and Information Management.

ABOUT THE PROGRAM

'Romila Palliative Care- - supports patients with life-limiting illnesses like cancer, stroke, heart ailments etc. 'Romila' means 'heartfelt' and symbolizes the loving, compassionate and competent care that this project hopes to provide patients to enable them to live a life of dignity and hope through their illness. It also supports their family and care-givers to help them look after the patient better, with greater assurance and confidence.

Goal of the Palliative Care Program

To make palliative care available and accessible to all people with life limiting illnesses and alleviate all their health related suffering

Objectives of the Palliative care program

1. To improve the quality of life of patients registered at RPC for palliative care with effective symptom management
2. To support primary family caregivers in looking after their loved ones suffering from severe life limiting illnesses & increase their comfort level in looking after the patients registered with us
3. To increase awareness of palliative care and uptake of services amongst people living in vulnerable communities' in H West Ward.
4. To institutionalize palliative care by setting up palliative care OPDs in four tertiary hospitals of Mumbai and increase awareness, coverage, uptake of services and sustainability of the intervention model planned.

THE PROFILE

The palliative care doctor will evaluate the case, manage the treatment to alleviate pain, and will attempt to keep the patient as comfortable as possible through medication and advice. Will also provide relief from the associated symptoms and alleviate their patients' physical and emotional pain to improve their quality of life. They also work with their patients' families to

alleviate stress. Attending on the inpatient palliative care consultation service. Devote their time to intensive family meetings. Participating in the clinical, educational, and research activities of the organization. Examine and evaluate patients. Prescribe medication and treatments. Improve access to information for patients and families so that they understand the patient's condition and treatment options. Meet with patients or caregivers in homes and medical settings. They will also have to conduct trainings on palliative care with various stake holders whenever required.

JOB LOCATION- MUMBAI

DUTIES & RESPONSIBILITIES:

- Conducting home visits of patients identified and registered from the hospital
- Examine and evaluate patients
- Symptom management of referred patients
- Managing emergency calls and coordinating with hospital residents
- Conducting trainings as and when required for different stakeholders
- Giving feedback to referring doctors
- . Documentation
- Improve access to information for patients and families
- Ward visits if required

QUALIFICATIONS & EXPERIENCE

- Educational qualification: M.B.B.S or BAMS
- At least 5 years of prior experience in a hospital.
- Prior training and experience of working with palliative care preferred.

SKILLS & COMPETENCIES

- Patience and empathy
- Effective Communication, personal and interpersonal skills
- Team working skills
- Sound values and work ethics

REMUNERATION AND EMPLOYMENT CONDITIONS

Remuneration be based on prior experience and suitability to the role.

Applications to be sent via email to damini.pandey@snehamumbai.org with Subject line: "Junior Doctor"