

JOB DESCRIPTION: CONSULTANT CLINICAL PSYCHOLOGIST



ABOUT SNEHA

A secular, Mumbai-based non-profit organization, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA is 450+ person strong, innovative and progressive organization that works on health and nutrition in urban slum pockets with women and their families. SNEHA follows the life-cycle approach to health and nutrition, by intervening at critical junctures (adolescence, preconception, conception, pregnancy, postnatal infancy and toddlerhood, family planning) to ensure improved health and nutritional outcomes for women and children living in some of Mumbai's most vulnerable and deprived slums and in the Mumbai Metropolitan Region (MMR) as well.

SNEHA recognizes that, in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work with communities residing in informal settlements to empower women and communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health. We have currently multiple programs running across SNEHA which are Maternal and Child Health (MCH), Empowerment Health and Sexuality of Adolescents (EHSAS), Prevention of Violence against Women and Children (PVWC), Public Systems Partnership (PSP), SNEHA Shakti, Livelihood Program, Palliative Care and various domains/departments under Central Operations, Research & Information Management.

THE PROGRAM– VIOLENCE AGAINST WOMEN AND CHILDREN

SNEHA's Program on Prevention of Violence against Women and Children aims to develop high-impact strategies for primary prevention, ensure survivors' access to protection and justice, empower women to claim their rights, mobilize communities around 'zero tolerance for violence, and respond to the needs and rights of excluded and neglected groups. The Program prioritizes enhanced coordination of the state response to crimes against women through a convergence approach that works with government and public systems to reinforce their role in assuring basic social, civil, and economic security. Primary preventive interventions are carried out through community outreach programs and campaigns. Secondary interventions for survivors of violence are provided through a comprehensive service-oriented system.

The Healthy Cities Program (HCP)

Goal of the program-

Facilitating an environment conducive to optimum growth and development of children in informal urban settlements of PN Ward of Mumbai

"Nurturing care" Intervention model addresses planned parenthood, maternal health and nutrition, sexual and reproductive health, child health, development and nutrition and prevention of violence against women and children for improved health and nutrition status of children through a continuum of care approach. Program works on an integrated life cycle approach that addresses critical first 1000 days' period, the period from the start of a mother's pregnancy through her child's second birthday with

an extension of children in the age group from 2 to 3 years. To ensure sustainability and continuity of its work, SNEHA works closely with the Integrated Child Development Services scheme as well as with the hospitals and health systems of the Municipal Corporation to achieve its outcomes.

THE PROFILE

The clinical psychologist will provide clinical interventions to women facing mental health conditions at the counseling center in Aazmi Nagar, Malvani intervention areas. The role will involve psychological testing, help in diagnosis of psychological, personality and clinical disorders. The role entails mental health and therapeutic counselling and coordinating referrals for survivors of violence with survivors of violence with moderate and severe mental health conditions. The clinical psychologist requires in-depth knowledge on therapeutic interventions and skills to ensure timely referral to appropriate facility for further management and treatment of condition.

They must demonstrate specialized knowledge and possess expertise in the specific issues that a woman may face, and know how to deal with them in the most effective manner. They must possess Knowledge of psychological theory and practice, an ability to relate to and empathize with a range of people, good team working skills, excellent communication skills, demonstrate sensitive listening and questioning skills.

The Clinical counselling psychologist reports to Program Coordinator – Counselling with timely technical guidance and support from PVWC Program Director and Associate Program Director to take inputs to deal with psychological interventions of complicated mental health cases. The psychologist will work with the core team of clinical psychologists to contribute in development of modules and manuals.

JOB LOCATION

Aazmi Nagar, Malvani, Malad.

DUTIES & RESPONSIBILITIES:

Work package 1: Psychotherapeutic interventions

- Providing - psychotherapeutic interventions to women facing domestic violence, intimate partner violence, attending to clients with mental health conditions requiring immediate attention
- Conducting clinical assessment by interviewing women looking at their medical records and clinical observations
- Administering psychological testing to diagnose psychological, emotional or behavioral disorders amongst women facing violence

- Designing behavior modification programs after diagnosing the problem
- Devising, developing and implementing therapy or treatment for individual women, couple or family
- Observing, monitoring and testing the right therapy for its effectiveness
- Steer the workshops client experiences to facilitate meaningful discussions
- Networking with other stakeholder where survivors get the effective and reasonable mental health service.
- Search resources for the awareness of mental health in the community.

Work package 2: Training and support

- Coordination with community teams to ensure comprehensive care
- Make home visits along with the field teams during the times when client is unable to visit the counseling center
- Co-facilitate sessions with Counsellor and coordinate with counsellor so that follow up of client is ensured.
- Creating an understanding amongst the team members and community members by training on Mental Health Issues.

Work package 3: Documentation and reporting

- Maintain CGI data of all the clients.
- Maintaining accounts and keeping records of a client's progress
- Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint
- Make analysis of the client records and keep APDs/PD informed of the emerging trends
- Participation and contribution to the other activities and events of the Healthy Cities Program.

MANAGEMENT & REPORTING:

- Effective coordination with team members: setting clear expectations, tracking progress of the women
- Ability to collaborate with different stakeholders in the field.
- Work according to the ethical standards of the project and the organization.
- Networking and coordination with facilities supporting for therapy and treatment
- Clinical psychologist reports and keeps both the APDs updated of their work

QUALIFICATIONS & EXPERIENCE:

Educational qualification:

- Master's Degree or higher in a relevant field (Clinical Psychology or Mental health) from a recognized institution.
- At least 3 years of work experience in the area of clinical psychology
- Experience of working in a community setting is preferred.
- Experience of working in the sector of gender, gender-based violence will be an advantage
- Experience in working with the behavior of adolescents.
- Effective training skills; excellent communication skills and documentation.
- Well-versed in data management; data collection; MS Excel, Word, PowerPoint.
- Oral and written command of English and Hindi and Marathi (preferable).

Skills and Competencies

- Strong skills in testing, assessment, and therapy
- Effective coordination with a team member: setting clear expectations, tracking progress, and communicating information people need on their jobs.
- Ability to collaborate with a variety of stakeholders in the field.
- Work according to the ethical standards of the project and the organization.

Personal Attributes:

- Commitment to gender equality.
- Achievement mindset to accomplish project goals.
- Effective communication, personal, and interpersonal skills.
- Sound values and work ethics.
- Open to diversity and respect for everyone.

Applications to be sent via email to damini.pandey@snehamumbai.org with Subject line: "Consultant Clinical Psychologist- Malwani"