

JOB DESCRIPTION: CONSULTANT CLINICAL PSYCHOLOGIST



ABOUT SNEHA

SNEHA, a Mumbai-based non-profit with over 450 staff, focuses on improving health and nutrition in urban slums. Using a life-cycle approach, it addresses critical health and nutrition needs at key stages—from adolescence to family planning—aiming to enhance outcomes for women and children in vulnerable communities across Mumbai and the Mumbai Metropolitan Region.

It focuses on enhancing urban health by empowering both care seekers and providers. We work with informal settlement communities to drive change and partner with public health systems to ensure sustainable improvements. Our programs include Maternal and Child Health, Empowerment Health and Sexuality of Adolescents, Public System Partnership, Prevention of Violence against Women and Children, SNEHA Shakti, Palliative Care, and Livelihood Generation.

THE PROGRAM– VIOLENCE AGAINST WOMEN AND CHILDREN

SNEHA's Program on Prevention of Violence against Women and Children aims to develop high-impact strategies for primary prevention, ensure survivors' access to protection and justice, empower women to claim their rights, mobilize communities around 'zero tolerance for violence, and respond to the needs and rights of excluded and neglected groups. The Program prioritizes enhanced coordination of the state response to crimes against women through a convergence approach that works with government and public systems to reinforce their role in assuring basic social, civil, and economic security. Primary preventive interventions are carried out through community outreach programs and campaigns. Secondary interventions for survivors of violence are provided through a comprehensive service-oriented system.

WHAT'S IN IT FOR ME" (WIIFM) - AT SNEHA

At SNEHA, our fundamental belief is that prioritizing people is key, demonstrating our strong dedication to nurturing a supportive and growth-driven atmosphere. We uphold an open-door policy that champions transparency and open dialogue. We actively invite employees to voice their ideas, feedback, and concerns, fostering a culture where innovation and teamwork can flourish.








If you value excellence and are passionate about nurturing individuals, SNEHA is the perfect place for you!!

For detailed Information visit our website: www.snehamumbai.org and follow us on:

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PROFILE SNAPSHOT

Designation: Consultant Clinical Psychologist

-  **Role:** The role entails mental health and therapeutic counselling and coordinating referrals for survivors of violence with survivors of violence with moderate and severe mental health conditions.
-  **Educational Requirement:** Master's Degree or higher in a relevant field (Clinical Psychology or Mental health) from a recognized institution.
-  **Experience:** At least 3 years of work experience in the area of clinical psychology
-  **Location:** Across Mumbai
-  **Reports to:** Program Coordinator – Counselling
-  **Apply:** Applications are to be sent via email to damini.pandey@snehamumbai.org with the Subject line: "Consultant Clinical Psychologist- CSP"
-  **Date of publishing:** 22nd April 2025

CORE TASKS

The clinical psychologist will provide clinical interventions to women facing mental health conditions at the counseling in intervention areas. The role will involve psychological testing, help in diagnosis of psychological, personality and clinical disorders. The clinical psychologist requires in- depth knowledge on therapeutic interventions and skills to ensure timely referral to appropriate facility for further management and treatment of condition.

They must demonstrate specialized knowledge and possess expertise in the specific issues that a woman may face, and know how to deal with them in the most effective manner. They must possess Knowledge of psychological theory and practice, an ability to relate to and empathize with a range of people, good team working skills, and excellent communication skills, demonstrate sensitive listening and questioning skills.

The Clinical counselling psychologist reports with timely technical guidance and support from PVWC Program Director and Associate Program Director to take inputs to deal with psychological interventions of complicated mental health cases. The psychologist will work with the core team of clinical psychologists to contribute in development of modules and manuals.

DUTIES & RESPONSIBILITIES:

Work package 1: Psychotherapeutic interventions

- Providing -psychotherapeutic interventions to women facing domestic violence, intimate partner violence, attending to clients with mental health conditions requiring immediate attention
- Conducting clinical assessment by interviewing women looking at their medical records and clinical observations
- Administering psychological testing to diagnose psychological, emotional or behavioral disorders amongst women facing violence
- Designing behavior modification programs after diagnosing the problem
- Devising, developing and implementing therapy or treatment for individual women, couple or family
- Observing, monitoring and testing the right therapy for its effectiveness
- Steer the workshops client experiences to facilitate meaningful discussions
- Networking with other stakeholder where survivors get the effective and reasonable mental health service.
- Search resources for the awareness of mental health in the community.

Work package 2: Training and support

- Coordination with community teams to ensure comprehensive care
- Make home visits along with the field teams during the times when client is unable to visit the counseling center
- Co-facilitate sessions with Counsellor and coordinate with counsellor so that follow up of client is ensured.
- Creating an understanding amongst the team members and community members by training on Mental Health Issues.

Work package 3: Documentation

- Maintain CGI data of all the clients.
- Maintaining accounts and keeping records of a client's progress
- Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint
- Make analysis of the client records and keep APDs/PD informed of the emerging trends
- Participation and contribution to the other activities and events

MANAGEMENT & REPORTING:

- Effective coordination with team members: setting clear expectations, tracking progress of the women
- Ability to collaborate with different stakeholders in the field.
- Work according to the ethical standards of the project and the organization.
- Networking and coordination with facilities supporting for therapy and treatment
- Clinical psychologist reports and keeps both the APDs updated of their work

EXPERIENCE:

- Experience of working in a community setting is preferred.
- Experience of working in the sector of gender, gender-based violence will be an advantage
- Experience in working with the behavior of adolescents.
- Effective training skills; excellent communication skills and documentation.

CRITICAL TRAITS

- Strong skills in testing, assessment, and therapy
- Well-versed in data management; data collection; MS Excel, Word, PowerPoint.
- Effective communication, personal, and interpersonal skills. Oral and written command of English and Hindi and Marathi (preferable).
- Effective coordination with a team member: setting clear expectations, tracking progress, and communicating information people need on their jobs.
- Ability to collaborate with a variety of stakeholders in the field.

BEHAVIOURAL COMPETENCIES:

- Commitment to gender equality.
- Achievement mindset to accomplish project goals.
- Work according to the ethical standards of the project and the organization.
- Open to diversity and respect for everyone.

“Come and be a catalyst for innovation and positive change—apply today to shape the future with us!”