

## **ABOUT SNEHA**

SNEHA (Society for Nutrition, Education and Health Action) is a Mumbai-based non-profit organization dedicated to improving the health, nutrition, and safety of women and children living in vulnerable urban informal settlements. Our mission is to empower urban women and children through integrated health and nutrition programs, education, and advocacy.

We work through a dual approach—engaging both care seekers and care providers. At the community level, we empower women and families to become agents of change, while simultaneously collaborating with public health and safety systems to drive sustainable improvements in urban health outcomes.

SNEHA's key programs include:

- Maternal and Child Health
- Empowerment, Health and Sexuality of Adolescent
- Prevention of Violence against Women and Children
- Public System Partnership
- Palliative Care

Between 2016 and 2025, SNEHA directly reached over 620,555 women, children, and healthcare workers, and indirectly impacted a population of over 3.63 million across seven municipal corporations and three municipal councils in the Mumbai Metropolitan Region (MMR).

Today, SNEHA is a 500+ member organization with deep grassroots presence and a strong track record of reducing maternal and neonatal mortality, child malnutrition, adolescent anemia, and gender-based violence—key determinants of health equity for families and communities.

## **ABOUT THE PROGRAM**

'Romila Palliative Care- - supports patients with life-limiting illnesses, primarily those with cancer.

'Romila' means 'heartfelt' and symbolizes the loving, compassionate and competent care that this Project hopes to provide patients to enable them to live a life of dignity and hope through their illness. It will also support their family and care-givers to help them look after the patient better, with greater assurance and confidence.

## **“WHAT’S IN IT FOR ME” (WIIFM) - AT SNEHA**

At SNEHA, our fundamental belief is that prioritizing people is key, demonstrating our strong dedication to nurturing a supportive and growth-driven atmosphere. We uphold an open-door policy that champions transparency and open dialogue. We actively invite employees to voice their ideas, feedback, and concerns, fostering a culture where innovation and teamwork can flourish.

**If you value excellence and are passionate about nurturing individuals, SNEHA is the perfect place for you!!**

For detailed Information visit our website: [www.snehamumbai.org](http://www.snehamumbai.org) and follow us on:

<b>SNEHA - SOCIAL MEDIA HANDLES</b>	
	<a href="https://www.instagram.com/snehamumbai_official">@snehamumbai_official</a>
	<a href="https://www.facebook.com/SnehaMumbai">https://www.facebook.com/SnehaMumbai</a>
	<a href="https://twitter.com/SNEHAMumbai">@SNEHAMumbai</a>
	<a href="https://www.linkedin.com/company/544355/">https://www.linkedin.com/company/544355/</a>
	<a href="https://www.youtube.com/@snehamumbai">@snehamumbai</a>

## **PROFILE SNAPSHOT**

### **Designation: Assistant Nursing**

- Role:** A **Palliative Care Nurse Assistant** plays a vital role in providing compassionate, supportive, and continuous care to patients with life-limiting illnesses at home, under the guidance of the nurse and doctor.
- Educational Requirement:** SSC/HSC degree with Nursing Assistant course completed from a recognized institution.
- Experience:** Minimum 1–2 years of experience in nursing (preferred).
- Location:** Bandra (home visits between Vile Parle to Worli)
- Reports to:** Program Officer
- Apply:** Applications are to be sent via email to [belinda.menezes@snehamumbai.org](mailto:belinda.menezes@snehamumbai.org) with the Subject line: “Assistant Nursing”

## **CORE RESPONSIBILITIES:**

- Prepare a home visit checklist in consultation with doctors and nurses.
- Assemble and carry a home visit kit with essential materials and medical instruments.
- Assist with positioning and mobility to prevent bedsores and ensure patient comfort.
- Assist in wound care and dressing under the supervision of a nurse.
- Support nursing procedures such as dressing, catheter care, IV fluid support. Measure and record vital signs using a pulse oximeter, BP apparatus, thermometer, stethoscope, and glucometer during home visits.
- Carry and manage necessary documents such as consent forms, prescriptions.
- Educate patients and caregivers about non-pharmacological methods for symptom management.
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- Guide caregivers on basic nursing care at home, including positioning, hygiene, and comfort measures.
- Encourage caregiver involvement and confidence in patient care.
- Provide care while respecting patient dignity, privacy, and cultural beliefs.
- Conduct follow-up calls with patients and caregivers as required.
- Regularly update nursing knowledge and skills through training and supervision.

## **TRAITS & COMPETENCIES**

- Communication skills
- Empathy
- Good knowledge on palliative care
- Basic nursing skills

**“Come and be a catalyst for innovation and positive change—apply today to shape the future with us!”**