

ABOUT SNEHA

SNEHA (Society for Nutrition, Education and Health Action) is a Mumbai-based non-profit organization dedicated to improving the health, nutrition, and safety of women and children living in vulnerable urban informal settlements. Our mission is to empower urban women and children through integrated health and nutrition programs, education, and advocacy.

We work through a dual approach—engaging both care seekers and care providers. At the community level, we empower women and families to become agents of change, while simultaneously collaborating with public health and safety systems to drive sustainable improvements in urban health outcomes.

SNEHA's key programs include:

- Maternal and Child Health
- Empowerment, Health and Sexuality of Adolescent
- Prevention of Violence against Women and Children
- Public System Partnership
- Palliative Care

Between 2016 and 2025, SNEHA directly reached over 620,555 women, children, and healthcare workers, and indirectly impacted a population of over 3.63 million across seven municipal corporations and three municipal councils in the Mumbai Metropolitan Region (MMR). Today, SNEHA is a 500+ member organization with deep grassroots presence and a strong track record of reducing maternal and neonatal mortality, child malnutrition, adolescent anemia, and gender-based violence— key determinants of health equity for families and communities.

ABOUT THE PROGRAM

Our vision of the EHSAS Program is to enable the health and wellbeing of adolescents and youth, and transform them into healthy, gender-sensitive and responsible citizens. The program's focus is on: 1. Health, 2. Gender equality, 3. Sexuality, 4. Prevention of violence against women and children, 5. Youth participation

In EHSAS we use a combination of four intervention strategies to achieve the objectives and they are as follows:

Group work includes group sessions, training in using theatre and other art forms to explore and understand sexuality, and building peer counselling skills.

Individual work includes mentorship, counselling, internships and peer support.

Family work includes individual and group awareness and counselling sessions.

Community interventions include awareness campaigns and building networks with local leaders, organisations, and other community bodies.

An important learning from our intervention has been that the program requires a long-term plan with creative strategies to sustain the interest of adolescents, and this helps to reduce the rate of attrition in the program. The information provided through participatory group education sessions if coupled with interesting activities, wherein adolescents get an opportunity to explore precarious and unanswered questions, leads to self and peer learning. We are introducing information, communication and technology in our program. We are in the process of developing website for adolescents, which is ancillary to SNEHA website. The program will engage the adolescents in workshops to create other web-based platforms. These web-based platforms will be managed by older adolescents in co-ordination with SNEHA staff.

ABOUT THE PROJECT

EHSAS implements a combination of school, health system, and community-based interventions through the SAFAR model (Sustainable Adolescent Friendly System to build Agency and Resilience) in Kandivali, Mumbra, Wadala, and Mankhurd–Govandi. Under the Kandivali SAFAR intervention, we are partnering with Girl Effect and are in the process of setting up the GULLY Lab. SNEHA’s GULLY intervention is an initiative to celebrate the energy and creativity of youth while accelerating field-based interventions through the use of technology. The initiative aim to understand the imaginations and perceptions of Kandivali communities around technology, while also building the capacities of all stakeholders through various mediums such as workshops, SRHR (Sexual and Reproductive Health and Rights) sessions, mental health interventions, digital safety initiatives, and festivals. Through this intervention, we will work towards building synergies between the past learnings of SNEHA and Girl Effect, while also integrating insights and learnings from our Youth Champions.

“WHAT’S IN IT FOR ME” (WIIFM) - AT SNEHA

At SNEHA, our fundamental belief is that prioritizing people is key, demonstrating our strong dedication to nurturing a supportive and growth-driven atmosphere. We uphold an open-door policy that champions transparency and open dialogue. We actively invite employees to voice their ideas, feedback, and concerns, fostering a culture where innovation and teamwork can flourish.

If you value excellence and are passionate about nurturing individuals, SNEHA is the perfect place for you!!

For detailed Information visit our website: www.snehamumbai.org and follow us on:

SNEHA - SOCIAL MEDIA HANDLES	
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	@SNEHAMumbai
	https://www.linkedin.com/company/544355/
	@snehamumbai

PROFILE SNAPSHOT

Designation: Consultant Clinical Psychologist

-  **Role:** The role of clinical psychologist is necessary for screening, identification and planning treatment for adolescents in schools with mental health issues. the role also requires enabling EHSAS team to integrate mental health intervention
-  **Educational Requirement:** Post Graduate in Counselling/Clinical Psychology
-  **Experience:** Preferred 2-3 years of experience in psychotherapeutic practice. Freshers can also apply.
-  **Location:** Kandivali
-  **Reports to:** Clinical Psychologist
-  **Apply:** Applications are to be sent via email to belinda.menezes@snehamumbai.org with the Subject line: "Consultant Clinical Psychologist- Kandivali"

CORE RESPONSIBILITIES

- Ability to engage staff on adolescent mental health issues.
- Build capacity of teachers to identify students with mental health concerns.
- To screen adolescents in schools and communities where EHSAS is working for mental health concerns and plan appropriate interventions along with the program team
- To support counselors and teachers in school mental health program with cases as required along with their capacity building.
- To address parents with modules of parenting and psychoeducation with parents.
- To build the capacity of staff to deliver sessions on emotional resilience, stress management and mental health related aspects.
- To co-ordinate with team for developing the cadre of youth peer educators in the community.
- To co-ordinate with team for conducting capacity building workshops with barefoot counsellors
- To supervise counselling sessions conducted by youth peer educators and give them supportive feedback for further sessions
- To be equipped of maintaining appropriate case and assessment documentation as per the formats.
- To build the capacity of ICDS and health post staff.
- Demonstrate and deal with adolescents with mental health issues effectively.
- To engage in peer supervision and capacity building sessions with other clinical psychologists.
- To assist EHSAS team in introducing mental health intervention in other sites and schools.

MANAGEMENT & REPORTING

- Manage data capture, storage, analysis and reports.
- Contribute to the organizational culture and work of SNEHA to an appropriate degree

SKILLS & COMPETENCIES

- Ability to carry out mental health screening, analyse data and plan treatment for those identified with issues.
- Excellent skills of interpersonal communication, facilitation and presentation skills, writing in English, analysis of complex documents
- Ability to negotiate and communicate with multiple community and stakeholders.
- Education - Masters level in Clinical Psychology
- Interest in adolescent mental health issues
- Fluency in English, Hindi and Marathi.
- Self-starting and self-monitoring abilities.
- Flexibility in time management.
- Willingness to travel within Mumbai
- Understanding of the policies related to adolescent health and mental health in particular in government programs

“Come and be a catalyst for innovation and positive change—apply today to shape the future with us!”