



ABOUT SNEHA

SNEHA (Society for Nutrition, Education and Health Action) is a Mumbai-based non-profit organization dedicated to improving the health, nutrition, and safety of women and children living in vulnerable urban informal settlements. Our mission is to empower urban women and children through integrated health and nutrition programs, education, and advocacy.

We work through a dual approach—engaging both care seekers and care providers. At the community level, we empower women and families to become agents of change, while simultaneously collaborating with public health and safety systems to drive sustainable improvements in urban health outcomes.

SNEHA's key programs include:

- Maternal and Child Health
- Empowerment, Health and Sexuality of Adolescent
- Prevention of Violence against Women and Children
- Public System Partnership
- Palliative Care

Between 2016 and 2025, SNEHA directly reached over 620,555 women, children, and healthcare workers, and indirectly impacted a population of over 3.63 million across seven municipal corporations and three municipal councils in the Mumbai Metropolitan Region (MMR). Today, SNEHA is a 500+ member organization with deep grassroots presence and a strong track record of reducing maternal and neonatal mortality, child malnutrition, adolescent anaemia, and gender-based violence— key determinants of health equity for families and communities.

ABOUT THE PROGRAM

Our vision of the EHSAS Program is to enable the health and wellbeing of adolescents and youth, and transform them into healthy, gender-sensitive and responsible citizens. The program's focus is on: 1. Health, 2. Gender equality, 3. Sexuality, 4. Prevention of violence against women and children, 5. Participation

An important learning from our intervention has been that the program requires a long-term plan with creative strategies to sustain the interest of adolescents, and this helps to reduce the rate of attrition in the program. The information provided through participatory group education sessions if coupled with interesting activities, wherein adolescents get an opportunity to explore precarious and unanswered questions, leads to self and peer learning. We are introducing information, communication and technology in our program. We are in the process of developing website for adolescents, which is ancillary to SNEHA website. The program will engage the adolescents in workshops to create other web-based platforms. These web-based platforms will be managed by older adolescents in co-ordination with SNEHA staff.

“WHAT’S IN IT FOR ME” (WIIFM) - AT SNEHA

At SNEHA, our fundamental belief is that prioritizing people is key, demonstrating our strong dedication to nurturing a supportive and growth-driven atmosphere. We uphold an open-door policy that champions transparency and open dialogue. We actively invite employees to voice their ideas, feedback, and concerns, fostering a culture where innovation and teamwork can flourish.








If you value excellence and are passionate about nurturing individuals, SNEHA is the perfect place for you!!

For detailed Information visit our website: www.snehamumbai.org and follow us on:

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PROFILE SNAPSHOT

Designation: Program Officer- Counselling

-  **Role:** The role of a counsellor is necessary for screening, identification and planning treatment for adolescents in schools with mental health issues. the role also requires enabling EHSAS team to integrate mental health intervention
-  **Educational Requirement:** Post Graduate in Counselling/Clinical Psychology
-  **Experience:** 2 years of experience in school counselling practices. Freshers can also apply
-  **Location:** Wadala & MEast (ManKhurd/Govandi) (willingness to travel within Mumbai)
-  **Reports to:** Clinical Psychologist
-  **Apply:** Applications are to be sent via email to damini.pandey@snehamumbai.org with the Subject line: “**Program Officer- Counselling- MEast**”
-  **Date of publishing:** 15-June-2026

COMPREHENSIVE OVERVIEW OF THE POSITION

DUTIES & RESPONSIBILITIES

- Build capacity of teachers to identify students with mental health concerns.
- To screen adolescents in schools and communities where EHSAS is working for mental health concerns and plan appropriate interventions along with the program team
- To provide health-based counseling services and preliminary assessment based on referrals in Adolescent friendly health clinics in Urban primary Health care centers and hospitals.
- To support counselors and teachers in school mental health program with cases as required along with their capacity building.
- To address parents with modules of parenting and psychoeducation with parents.
- To build the capacity of staff to deliver sessions on emotional resilience, stress management and mental health related aspects.
- To co-ordinate with team for developing the cadre of youth peer educators in the community.
- To co-ordinate with team for conducting capacity building workshops with barefoot counsellors
- To supervise counselling sessions conducted by youth peer educators and give them supportive feedback for further sessions
- To be equipped of maintaining appropriate case and assessment documentation as per the formats.
- To build the capacity of ICDS and health post staff.
- Demonstrate and deal with adolescents with mental health issues effectively.
- To engage in peer supervision and capacity building sessions with other clinical psychologists.
- To assist EHSAS team in introducing mental health intervention in other sites and schools.

MANAGEMENT & REPORTING

- Manage data capturing, storage, analysis and reports
- Contribute to the organizational culture and SNEHA's work

CRITICAL TRAITS:

- Ability to carry out mental health screening, analyse data and plan treatment for those identified with issues.
- Excellent skills of interpersonal communication, facilitation and presentation skills, writing in English, analysis of complex documents
- Ability to negotiate and communicate with multiple community and stakeholders.
- Interest in adolescent mental health issues
- Fluency in English, Hindi and Marathi.
- Self-starting and self-monitoring abilities.
- Flexibility in time management.
- Willingness to travel within Mumbai
- Understanding of the policies related to adolescent health and mental health in particular in government programs

BEHAVIOURAL COMPETENCIES:

- Demonstrates competence in mental health screening, assessment, and care planning.
- Communicates effectively with adolescents, families, communities, and stakeholders.
- Builds trust through strong interpersonal, facilitation, and counselling skills.
- Applies analytical thinking to interpret assessment findings and complex information.
- Shows commitment to adolescent mental health and wellbeing.
- Collaborates effectively with community partners and government stakeholders.
- Demonstrates initiative, self-management, and accountability in service delivery.
- Adapts to changing priorities and manages time and workload effectively.
- Utilizes fluency in English, Hindi, and Marathi to engage diverse populations.
- Applies knowledge of adolescent and mental health policies within government programmes.

“Come and be a catalyst for innovation and positive change-apply today to shape the future with us!”